

# Gundiwindi Lodge Dietary Requirements

Dear Valued Customer,

September 2011

As part of the ever changing world we live in... it's no wonder that dietary concerns and allergies have also become more prominent and problematic in our society. Those affected, being an increasing number of people across a wide range of ages, cultures and many of the population in general. Here at Gundiwindi, we have traditionally catered for a wide range of user groups needs in relation to specific individuals dietary needs - and now see the need to further modifying the way in which we offer this service. We have elected to change our approach in how we cater for a camper with any of the following dietary concerns; **ALL Food and Nut Allergies, Anaphylactic Food Allergies, Coeliacs Disease sufferers and (in some instances) Diabetics.**

We are now requesting that any camper with a dietary consideration listed above complete the attached ***"Dietary Requirements Form"*** and have their camp coordinator return it to Gundiwindi Lodge at least one week prior to camp. In addition to the above, we are requesting all our user groups to adopt the following policy; **"Campers with Dietary Needs"**.

***"Any camper/s with a food allergy that is anaphylactic in nature, or serious dietary concern, is/are encouraged to bring all 'prepared' meals to camp.***

***All perishable foods must be clearly labeled (including use by dates), packaged at the correct temperature in accordance with the Foods Safety Standards requirements for all delivered food at point of delivery to kitchen. These foodstuffs will be temperature checked upon arrival and if failing the above requirements (as with all food deliveries) the camp is obliged not to accept the items and return them to the parent. Parents supplying food must sign the attached "Camper with Parental /Guardian Supplied Food Form", stating that the supplied foods comply with the dietary requirements of the camper, and that they are asking the camp to undertake the service of these foods to the child as required. All contact details on this form must also be completed. In addition to this a camper may choose to bring along his/her own, plates, bowls, cups, cutlery, mugs etc; however, this is not essential.***

***Any camper with food allergies who elects to enjoy "Gundiwindi's Menu" must complete all details within the "Dietary Requirements Form" together with signed/ dated parental approval of the group menu. They are further requested to bring suitable snack items and drinking chocolate. These items are to be stored in the dinning room, not cabins.***

***In the instance of a Camper with Diabetes, the group menu will need to be sighted by a parent or legal guardian (if the camper is under the age 18) and signed/ dated stating that the menu is suitable for that camper."***

***In the instance of a Camper with Coeliacs Disease, the group menu will need to be sighted by a parent or legal guardian (if the camper is under the age 18) and signed/ dated stating that the menu is suitable for that camper." They are further requested to bring along their own "Gluten Free" snack items, Cordial and Drinking Chocolate. These items are to be stored in the dinning room, not cabins.***

It is suggested that the above policy be made available to all campers over the age of 18 and parents or legal guardians for those under the age of 18, so together, we can all ensure every campers' dietary safety.

Campers who request dietary changes to the menu for the reason being "vegetarian" will still be catered for as they traditionally were in the past. Again, appropriate notice must be given to Gundiwindi Lodge at least one week prior to the start of camp. Any campers with "dairy restrictions" are requested to BYO their choice of soy or suitable milk. In the instance of a camper supplying all their own foodstuffs, the student/s or camper/s concerned will not be charged for the food component of camp on the final camp invoice. However, Gundiwindi Lodge must be informed of this at least one week prior to camp.

We would like to thank all customers in advance for their understanding and support in implementing these changes.

Finally, in line with Department of Education Guidelines – we would ask all campers to refrain from bringing any nut items or foods containing any type of nuts to our campsite.

Yours sincerely,

Tracey Alderman  
**Owner Operator, Gundiwindi Lodge**



**“Dietary Requirements Form”**

For Campers with any of the following:

- Any nut allergy
- Anaphylactic allergies (Food Induced)
- Coeliacs Disease and Gluten Free Diets
- Diabetics

This form must be completed, signed and dated by any camper with any of the above dietary concerns; (in the instance where a camper is not 18yrs + the parent or legal guardian must complete, sign and date this form.



**DIETARY REQUIREMENT FORM**

NAME OF CAMPER..... NAME OF SCHOOL / GROUP.....  
 CAMP COORDINATOR..... PARENT/GUARDIAN (If relevant).....  
 EMERGENCY PARENT/GUARDIAN CONTACT NUMBER (H)..... MOBILE.....  
FULL DETAILS OF FOOD ALLERGIES.....

.....Is your child anaphylactic? (Please tick)  Yes  No.

FULL DETAILS OF DIETARY CONCERNS (eg: food needs to be cooked separately, traces of nuts OK/ NOT OK) .....

SIGNATURE Parent/Legal Guardian/camper (over 18 yrs) ..... DATE.....

Please tick one box only, completing name, signature and date.

I ..... (parent/guardian name) have carefully read the Gundiwindi Lodge Menu and hereby state that it is safe and suitable for my child’s consumption. Signed..... Date.....

I..... (parent/guardian name) have carefully read the Gundiwindi Lodge Menu and hereby state that I will provide all foodstuffs and meals for my child at camp. Signed.....Date.....



**CAMPER WITH PARENTAL/GUARDIAN SUPPLIED FOOD FORM**

NAME OF CAMPER..... NAME OF SCHOOL / GROUP.....  
 CAMP COORDINATOR..... PARENT/GUARDIAN (If relevant).....  
 EMERGENCY PARENT/GUARDIAN CONTACT NUMBERS:  
 HOME..... MOBILE..... WORK.....

I..... (Parent/Guardian Name) hereby declare the foods I am supplying to Gundiwindi Lodge, being for ..... (Student/Camper Name) are clearly labeled (including use by dates), packaged and transported in accordance with the Foods Safety Standards requirements for all delivered food at point of delivery to kitchen.

Please Note: Gundiwindi Lodge is obliged, as with all other food deliveries, not to accept the items and have them returned to parents /guardians if they do not meet the above standards.